



Dr. Jane Goodall's Roots & Shoots

Four Corners Seasonal Newsletter

Summer 2010

Dr. Jane Goodall Visits the Four Corners Region

In April, groups from around the region shared their service projects and heard Dr. Jane's inspiring message of hope.

Las Vegas Plaza Hotel

Dr. Jane's first stop in New Mexico was at the Las Vegas Plaza Hotel in the heart of Las Vegas, New Mexico. She met with over 200 Roots & Shoots members ranging from preschool to eighth grade. Members prepared project boards and presented their service projects to Dr. Jane.



United World College



Next Dr. Jane visited the Armand Hammer United World College of the American West, an international high school in Montezuma, New Mexico. She attended a private lunch in her honor with Roots & Shoots members including the Four Corners Youth Leadership Council and service learning leaders of the United World College Roots & Shoots. Dr. Jane then gave a lecture to Roots & Shoots members and students from across northern New Mexico.

Rio Grande Elementary



Jane lectured at Rio Grande Elementary School in Santa Fe, New Mexico and spoke with students about Roots & Shoots and how they can make a difference in their community.

Santa Fe Prep High School



High School students and Roots & Shoots members at Santa Fe Prep were inspired by Dr. Jane's speech when she visited their school in her whirlwind tour of the southwest.

Wood Gormley Elementary

Dr. Jane gave a lecture to students at Wood Gormley Elementary School in Santa Fe, New Mexico. She then visited with Roots & Shoots members from around the state. Over 30 group made presentation boards and eagerly took turns sharing their good work with Dr. Jane.



Santa Fe Animal Shelter and Humane Society



Dr. Jane visited the Santa Fe Animal Shelter and Humane Society and engaged in a casual conversation with staff and members of the Roots & Shoots Santa Fe Animal Shelter Youth Board.

Tucson Zoo



Dr. Jane visited the Tucson Zoo in Arizona for an exciting event attended by 300 Roots & Shoots members from the Tucson area. Dr. Jane met with each group to learn about their projects to help people, animals and the environment. Members also participated in activities ranging from mural painting and zoo tours to yoga classes. After hearing her speak, members led her out with a Giant Peace Dove parade.

Pima College



Roots & Shoots members along with the general public were invited to hear Dr. Jane speak at the Pima College in Tucson, Arizona. Over 300 people gathered to hear her inspiring words followed by a book signing.

Sky Island High School

Dr. Jane attended an informal chat with teachers and students hosted by the Sky Island High School. Guests were treated to music and Hors d'oeuvres while they discussed their ideas and accomplishments with Dr. Jane.



Dr. Jane made a special appearance at the Animals Matter Conference: Perspectives in Conservation Social Work and Human-Animal Ethics at the Denver University in Colorado. Although she was not able to attend in person she made a prerecorded presentation for the conference and shared the stage with Clinical Director of the Institute for Human-Animal Connections Philip Tedeschi, Roots & Shoots Four Corners Regional Director Dr. Ray Powell, Colorado Coordinator Kate Shearer and friend and colleague Marc Bekoff.

Denver University

2010 Regional Youth Leadership Retreat



The Roots & Shoots Four Corners region and members of the Four Corners Youth Leadership council hosted the third annual Youth Leadership Retreat and had the biggest turn out of participants yet. Twenty youth from around the four corners region visited Wind River Ranch in Watrous, New Mexico to participate in workshops and learn more about the Jane Goodall Institute and Roots & Shoots youth leadership programs. Participants came from New Mexico, Colorado, Utah and even California to participate in this fun retreat. As old friends reunited

and new friends were made, attendees got to enjoy the splendor of the Wind River Ranch and its many acres of wildlife. The ranch's mission focuses on environmental education and conservation and has a broad spectrum of plant and animal species.

Members of the Four Corners Youth Leadership Council led icebreakers and made presentations to the group about their experiences with Roots & Shoots, helped the group identify their leadership skills and discussed the life and accomplishments of Dr. Jane Goodall. The group also got to participate in a service project benefiting the Wind River Ranch by constructing and planting a sustainable heritage garden using mostly native plants. Under the guidance of Joshua Willis from Albuquerque's Open Space Visitors Center, participants built a waffle garden; squares of adobe-like mud cells that help control temperature and water usage. Other techniques they used were ollas; clay pots buried in the ground that release water slowly to the plants. They also placed stones in the cells to protect the plants from excessive weeds and to help contain moisture. The produce from this garden will eventually be used for the United World College Roots & Shoots community soup kitchen project.

Despite an unfortunate round of sickness that cut the retreat short, participants left inspired by the experience and look forward to more activity with Roots & Shoots in the future.

- By Johanna Silver, Roots & Shoots Four Corners Intern



Second Annual Great Peacemakers Art Show

Rio Grande Roots & Shoots group members showed artwork at the Second Annual Great Peacemakers Art Show at the New Mexico Museum of Natural History and Science in Albuquerque. The art was inspired from their studies of the book, Great Peacemakers, by Ken Beller and Heather Chase. The Rio Grande Roots & Shoots group meets once a month to learn about different peacemakers that have influenced our thinking about environmental and cultural issues.

The Second Annual Great Peacemakers Art Show featured art and discussions about peacemakers Henry Salt, Albert Schweitzer, Astrid Lindgren, Jane Goodall, Bruno Hussar, Desmond Tutu, and Riane Eisler. Astrid Lindgren inspired a group video discussion around the question, "If I could be a superhero, who would I be and why?" Members used inspiration from Dr. Jane Goodall to observe and sketch captive chimpanzees at the Rio Grande Zoo. Small groups created dioramas of their ideal "Oasis of Peace" modeled after Bruno Hussar's "Oasis of Peace" in the Middle East. Group members explored how black and white colors work together to form a clearer picture just as Desmond Tutu was instrumental in bringing people of different color and race in South Africa to work together.

- By Jonathan and Matthew T., members of Rio Grande Roots & Shoots Albuquerque, New Mexico



Debbie Daehnck the group leader of Pioneer Elementary Roots & Shoots received a \$1,000 UnitedHealth HEROES grant last year to support their promotion of nutritious diets and healthy lifestyles. The group's recently completed cookbook does just that by providing fun and healthy recipes for kids and adults to try. In addition to the recipes the book offers healthy tips, jokes and humorous anecdotes from the members about healthy foods. The book is also bilingual in English and Spanish. Proceeds from sales of the cookbook have been donated to the Wild Animal Sanctuary in Keenesburg, Colorado. So far the group has raised \$300.00 for the sanctuary and they hope to raise even more. If you are interested in a copy of this cookbook please contact Debbie Daehnck at ddaehnck@yahoo.com. A suggested donation of \$10 is requested.

- By Johanna Silver, Roots & Shoots Four Corners Intern

Excerpts from the Pioneer Elementary Roots & Shoots cookbook. Jokes from www.funnybonez.com. Drawings by Addie, member of Pioneer Elementary Roots & Shoots:

What do you stop at green and go at red?

When you're eating a watermelon!



What kind of egg did the bad chicken lay?

A deviled egg!



How did the farmer mend her pants?

With cabbage patches!



What did the hamburger name his daughter?

Patty!



Roots & Shoots Celery Root Cakes

One celery root, peel and chop into cubes and boil about 20 minutes until tender. Drain and transfer celery cubes into blender. In a small bowl mix together:

¼ cup corn flour
½ cup milk
¾ cup shredded cheddar cheese
¼ cup shredded parmesan cheese
1 cup diced spring onion

1 cup diced spring onion
¼ cup earth balance or olive oil
1 tsp salt
½ tsp cinnamon
½ tsp nutmeg

Pour mixture into blender on top of celery and blend until smooth. Spoon small cakes onto a hot oiled skillet and brown about 1 ½ minutes, flip and brown other side. Serve hot.



Heroic Hair



In the wake of the devastating oil spill in the Gulf of Mexico, Dr. Jane Goodall's Roots & Shoots Four Corners region has joined a coalition of other non-profits to help with this current crisis. Along with the Grand Circle Field School, Cause for Paws Foundation, Wildlife Rescue of New Mexico and the New Mexico BioPark society. The coalition is working with Matter of Trust to form New Mexico's Hair to Help, a national campaign to collect hair, fur and fleece to make into oil absorbing boom ideal for cleaning up the polluted waters of the Gulf Coast.

Collected hair is stuffed into stockings and is extremely effective at cleaning up oil, environmentally friendly, as well as reusable. The large booms can be wrung out and then sent back to soak up more oil.

The project has been a giant success. People from around New Mexico have generously donated stockings and over one ton of hair, fur and fleece to make over 1000 feet of boom! With this hair, New Mexico's Hair to Help has hosted "Stocking Stuffing Parties". At these stuffing parties, volunteers come together to stuff the donated hair into stockings to create the booms. These booms will then be sent to warehouses near the Gulf to be distributed along the coast.

Roots & Shoots groups Girls Gone Gaia and Rio Grande Roots & Shoots were amongst the many volunteers that helped stuff hair at the Stocking Stuffing Parties.

New Mexico's Hair to Help also presented at the World Ocean's Day at the Albuquerque Aquarium and gave workshops on making the booms and demonstrations to show how they can soak up oil in water. Thanks to generous volunteers like New Mexico's Hair to Help, Matter of Trust, has collected over 10 miles of these booms from around the country. In addition to seeking volunteers to help assemble the boom, New Mexico's Hair to Help is also seeking cash donations to sponsor a team of New Mexico wildlife professionals to travel to the Gulf and aid in recovery. To find out how you can help volunteer or donate visit www.newmexicoshairtohelp.com or www.matteroftrust.org.



Meet Martha W.

*Four Corners Youth Leadership Council
Albuquerque, New Mexico*



Martha joined the Four Corners Youth Leadership Council after attending the 2010 Regional Youth Leadership Retreat at Wind River Ranch. She is curious, aware and interested in learning more about helping the environment. Martha's passion for the environment was heightened during a Chewonki semester school in Wiscasset, Maine where she learned about farming and worked on developing and using alternative forms of energy. Martha also recently traveled to South America for a semester with The Traveling School where she studied the effects that daily decisions have on other places. She is interested in environmental awareness as well as the opportunity to share and receive ideas with other people her age. She also enjoys riding horses, running, swimming, and hiking.

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Katie Macaulay - Santa Fe Coordinator
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