



ROOTS & SHOOTS PEACE DAY

“Each Roots & Shoots project is a step towards a future in which humans can live in peace in an environmentally sustainable way.”

~Dr. Jane Goodall

www.rootsandshoots.org/peaceday

www.facebook.com/RootsandShootsPeaceDay



As you know, we will celebrate Peace Day on September 21st! In this great day we are encouraging people to celebrate it through arts! Arts have an international language and a voice that can be very powerful and it definitely have an impact on our lives. Through experiencing a simple artistic activity we develop creativity, improve our ability to communicate, compassion, empathy and it is fun! Through any expression of arts you can communicate a peaceful message. The UN peace message for this year is building blocks for peace! Roots & Shoots is all about connecting people, environment and animals, all equal, to make a better world!

Here we give you some artistic ideas for celebrating Peace Day in your school, with your friends, or with an entire community!

Make sure you enter your artwork in the *Roots & Shoots Peace Day Art4Peace Showcase!*

Upload your pictures at the *Jane Goodall's Roots & Shoots Peace Day Facebook Page: www.facebook.com/RootsandShootsPeaceDay* or share using **#RootsandShoots #PeaceDay**

Your work may be featured on Dr. Jane's page!

Peace in Theatre

Share stories or perspectives of peace in your community through short skits or street theatre performances. Bring together stories of many different people in your community, such as refugees, young people, elders, Indigenous people, soldiers, police officers, etc.



Dove in the Tree

Peace doves are simple and beautiful

Step 1: Create your own peace dove on recycled paper; you can decide which design, color, shape, etc.

Step 2: Write on the peace dove: what is peace for you? What you do to make the world a peaceful place? Write it clearly because everyone will see this.

Step 3: Tie the peace doves with a thread and pick your favorite tree to tie them to. The idea is to cover all the tree with these messages in order to let everyone see all your wishes and thoughts!

Poetry in Peace

We are going now to write a poem. A single poem by different authors!

Step 1: Make a circle, sit down. In a piece of recycled paper, someone write a line or two about what he or she thinks about peace.

Step 2: That person gives the paper to the next person and that person add a new line or two lines to the poem.

Step 3: Go on until everyone has had a turn.

Step 4: Read the poem out loud and discuss if it went in the direction you thought it would. You can repeat using the concept of peace, respect, nature, etc.

Paint a Mural

Painting is always very fun! With your group, identify a wall that needs color (maybe it has been abandoned or is in bad condition).

Step 1: Identify a wall you'd like to bring to life by adding some color.

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Step 2: Select an image. Let your imagination and creativity run wild.

Here are a few ideas:



Peace Doves



Roots & Shoots Logo



Make your own ivy

Step 3: Divide into smaller groups. Each group will paint a part of the whole.

Step 4: Start Painting & Have fun! (If it's possible try to find ecological paints!)

Step 5: Enjoy your masterpiece and share it!



Example from Roots & Shoots Medellín, Colombia

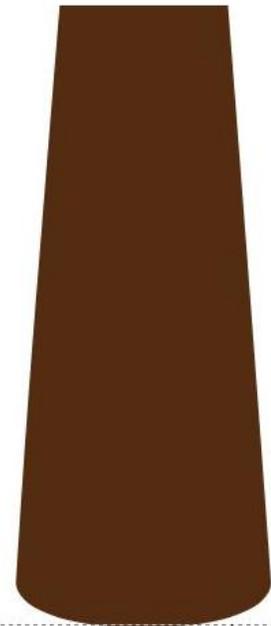
Footprint Tree

The idea here is to produce a big tree made with our own footprints!

Step 1: Find a white big fabric piece (Minimum 6meters x 5meters) and cover all the floor with newspapers.

Step 2: Paint a tree trunk with brown paint in the middle of the fabric piece.

Step 3: Find where to place green paint. Then ask people to walk over the green paint and then over the top of the tree trunk like this:



You can try using different shapes of green or yellow. The idea is to create a huge tree made with our footprints. Remember to use ecological paints if you can!



Performing a Living Tree

The idea in this activity is to encourage your group to become a tree. Members of your group/class will be united as a living thing as they become parts of a tree.

Step 1: Divide into five groups. Each group will represent a part of the tree.

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1. **Roots:** Roots are very important because they absorb all the nutrients from the soil. People in this group will have to be on the floor absorbing all of the nutrients with their hands.
2. **Trunk:** The trunk is the strongest part of the tree. It gives all the balance and transports all the nutrients from the roots. People in this group are connected to the roots and stand completely firm and strong.
3. **Branches and Leaves:** Branches hold the leaves that transform solar energy into chemical energy that feeds the whole tree. So the branches have to hold the leaves by hand. The leaves have to stand with the arms open looking the sun and obtaining energy.
4. **Flowers and Fruit:** Flowers are the reproductive parts of the tree, so people in this group have to be ready to find the pollinators and attract them. Fruits hold the seed that will eventually become the new tree; they come after the flowers. The idea is that after the process of flower to fruit, the seed will go on and become a new tree (this can be a completely different group).
5. **Pollinators:** Birds, mammals, insects, etc. This is a key role and thanks to pollinators we have many trees and flowers. A few members of your group can act as pollinators, feeding on the flowers and carrying the pollen to other trees.

Step 2: Build your tree from the roots up by arranging your group members: roots – trunk – branches – leaves – flowers.

Step 3: Then the pollinators visit the flowers and those flowers become fruit.

Step 4: The fruit falls and they become the new tree.

Step 5: Repeat as many times you wish. It is very fun and you will see all plants from a new perspective!

Gallery the Ideas

Now we want to transform our ideas into visual products! We are going to make a reflection on how each discipline/subject is involved with peace. So we are going to pick different disciplines or occupations; for example: biology, design, food, lawyer, runner, etc.

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Step 1: Divide in different groups (the number will depend on the number of disciplines the group picked)

Step 2: Each group have 30 minutes to explore ideas and brainstorm about their discipline and how that discipline can contribute to peace.

Step 3: Those reflections now have to be transformed in a visual product! It could be a big paper, a painting, puppets, etc.

Step 4: The idea is to place all the results in a circle to create a gallery of art pieces.

Make your own art!!

We gave you some ideas but you are free to come up with your own ideas on mixing arts and peace! Please share it with us on Facebook: www.facebook.com/RootsandShootsPeaceDay or on your favorite social media platform using #RootsandShoots and #PeaceDay!