Compassionate leaders display many different positive traits and, young or old, challenging ourselves to improve on those traits helps us to become the best humans we can be. This activity will get you or your group thinking about the traits needed to be a strong compassionate leader and assess the traits you already have and how to strengthen them.

1. WHAT IS A COMPASSIONATE LEADER MADE OF?
First, review and discuss the 9 traits of a compassionate leader. Can you think of examples of what each of them looks like in real life?

2. SELF-ASSESSMENT
Use the self-assessment rubric to rate yourself on each of the traits.

Scale:
1 = I don’t feel that I display this trait and I would like to greatly improve
2 = I rarely display this trait and would like to improve
3 = I display this trait sometimes, but could use some improvement
4 = I display this trait often and can strengthen it
5 = I display this trait almost always, and I believe I inspire others to as well

3. DURING YOUR CAMPAIGN...
Throughout your service campaign, refer to your self-assessment and the traits of a compassionate leader. Recognize when you display one of the traits.

4. AFTER YOUR CAMPAIGN...
- At the end of the campaign, complete the self-assessment rubric again. Compare your first chart to your second to assess your growth in each category.

- Consider the following questions:
  1. Were there any big changes in your ratings?
  2. What did you learn about yourself?
  3. Do you think others have noticed any changes in you?
  4. What can you do to keep improving on these traits?

- Celebrate how far you’ve come.

Compassionate Leaders Who Inspire

Martin Luther King, Jr.
Malala Yousafzai
Jane Goodall

TIME REQUIREMENT
approx. 1 hour at start of campaign + 1 hour at conclusion of campaign, adaptable
**Instructions:** Rate each trait on your ability, on a scale from 1 to 5.

<table>
<thead>
<tr>
<th>Introspective</th>
<th>Acts w/ a Purpose</th>
<th>Think Critically</th>
<th>Empathetic</th>
<th>Collaborates &amp; Communicates</th>
<th>A Team Player</th>
<th>Inspires Peers</th>
<th>Hopeful &amp; Optimistic</th>
<th>Adaptable &amp; Resilient</th>
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<tbody>
<tr>
<td>Exams their beliefs to consider how their actions affect the world around them</td>
<td>Makes choices that align with a commitment to have a positive impact on important issues</td>
<td>Explores a topic from multiple perspectives, making well thought out decision</td>
<td>Connects to feelings outside their own by viewing concepts through the lens of another</td>
<td>Embraces the inspiration and participation of others by accepting new ideas and perspectives</td>
<td>Works well in a team and engages their peers by leveraging their unique individual skills</td>
<td>Sets a positive example for the people around them</td>
<td>Stay positive and committed to achieving their goal</td>
<td>Embraces challenges and overcomes setbacks</td>
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